 1. 00:02-01:09 Picture 1 The letter of James, or at least that's his name in English. In Hebrew his name is lakobos. For this reason, he is called 'Jacob' in this video. Now, there are many Jacobs in the New Testament. Two of them belonged to Jesus' inner circle of the 12 disciples. Use picture 1 to explain who Jacob was and his backstory. Use keywords as Jesus, Mother Church, Christian community, leader, poverty, pillar, peacemaker. 2. 01:11-02:27 Picture 2 And in this book we have the legacy of Jacob's teaching and wisdom 	 1。这是雅各写的信,他的英文就是James。在这个视频中,我们仍然称呼他"雅各"。其实,新约中有很多叫"雅各"的人,其中两位是耶稣十二门徒中的核心人物。使用图片1來介紹雅各书的作者雅各是谁,和他的背景,使用关键字,例如,耶穌,母会,领袖,贫穷,顶梁柱,和事人(调解者) 2。图片2.这卷书记录了雅各留给后世的智慧和
condensed into a short and very powerful work. The book begins like a He greets all the Messianic Jews who were living outside the Land of Israel. But this does not read like one of letters where he addresses specific problems in one local church, rather this book is aof Jacob's sage	教导,它们简洁而有力,绝对是精华之作。《雅 各书》的开头就像一。他向所有相信弥赛亚 的犹太人问安,这些犹太人住在以色列境外。这 卷书读起来,跟书信完全不同。这些书信中 谈起个别教会存在的具体问题,而雅各书,却是
for any andor backbors sage for any andcommunity of followers. And Jacob's goal isn't to teach theological information, rather he wants to get in your business and challenge how you Jacob's wisdom has been heavily influenced bysources: (1) The first isteaching about life in the kingdom of God. Especially the Sermon on the Mount which is constantly echoing and quoting in the book. (2) The second key influence is the biblical wisdom book of Especially theand proverbs through Jacob literally grew up with Jesus and with the book of Proverbs and so now his ownsounds like them. It's stamped by their language and imagery. The book consists of short challenging wisdom speeches	雅各的,是写给的和基督 教团体的(或团契)。雅各的目标不是教导的 神学信息,相反,他打算进入你的世界,挑战你 的。雅各的智慧主要受到个源头的影响: 第一,是关于神国生活的教导,他在这封信 中多次引用登山宝训的内容。第二个来源是 的智慧,特别是第到第章的。雅各是 跟着耶稣一起长大的,也是跟着《箴言》一起长 大的。所以,他自己的听起来跟它们很像, 保留着民族语言和意象的烙印。《雅各书》的智 慧言论简短、富有挑战性,充满了各种隐喻和容 易的名言警句。其实,雅各是用这种方式呼 吁那些相信弥赛亚的犹太团体能有真,能照
that are full of metaphors and easy to one-liners. And in essence Jacob is calling the Messianic community to become truly by living according to Jesus' summary of the : To loveand to love youras yourself.	着耶稣总结的总纲来生活,简单说,就是 神、如己。 3。图片 3.《雅各书》的主体共有篇简短的教 导,呼吁神的子民要全心全意地遵行耶稣的话。

3. 02:30-03:27 Picture 3	
The body of the book	《戚夕书》王文王协、大王人教臣、汝、人目
consists ofshort teachings that call	《雅各书》正文一开始,有两个教导:第一个是
God's people to wholehearted devotion to	关于和。雅各指出,我们容易那些对
the way of Jesus. At the opening of the books body there are	自己的人,却那些对我们没有用的人。
two teachings:	
First aboutand	通常是因为他们。雅各说,这种偏心正好跟
Jacob exposes how we tend to show to people who canus	全心全意地爱他人,不符合耶稣对爱的定义。
and wepeople who can't. Usually	接着,雅各教导读者,如果有真正的 会如何
because they're Jacob says this is theof love as Jesus	去爱他人,不会做哪些事。所以,如果有人认为
defined it. He goes on to show what genuine	自己在神里面有信心,却看 穷苦人的需要,
does and does not look like. So, if someone says that they have faith in	那么这个人的信心就是 。雅各说,这些人的
God, butpeople who are needy or	
poor,	行为背叛了自己所声称的。而真正的信心,
this person's faith is, he says. Their actions betray what they say they	会顺服耶稣的,结出好果子来。
And genuine faith always results in	4。图片 4A, B, C。通读《雅各书》的全文, 会发
obedience to Jesus'	现,雅各在三个不同的地方,引申了耶稣关于
4. 03:33-04:45 Pictures 4 A,B, and C Now scattered throughout the body of the	""的教导。(A)我们用同一,一边
book we find three different places	
where Jacob develops Jesus' own teaching	说让人的话,一边说神的话:太可悲了!
about our So, with the samewe unleash	我们时常别人,在讲别人的。我们
upon people	常常为了自己的,真理。(B)我们怎
and then go offerto God - so messed up!	
And also wepeople and then go talk	么谈论别人,也能由此自己的和我
about them behind their!	们的。我们嘴里说出的话,会真实地
And we also all tend tothe truth to our own	出我们自己的。(C)雅各相信,就像耶稣
(B) How we talk about people opens up a	教导的那样,在神国里,财富和社会地位带来的
into ourand our core	等级分化会。所以,他一开始就警告那些_
Our words tell the realabout our	,不要相信赚来的财富会伴随自己。他
Jacob also believes that God's kingdom	
community, as Jesus taught about it, (C)	说: "不会的,你的财富会朽坏,像你一样。"
Is the kind of place where the divisions created by wealth and social status are	相反,神的子民带着和对耶稣的而
·	生活,就能坦然地面对一切,这也会激励他们过
So, he warns first about thethat wealth can create in people	充满的祷告生活。
who believe it will be around He says: "No, your wealth will one day rot	
just like you."	5。图片5。在这12段的智慧教导前边,有一段
In contrast, God's people are to live with	前言,其中的智慧教导和名言警句像溪水一样源
for Jesus'to set all things right	源不断,概括了这卷书的中心思想。雅各一开始
and this should inspire a life offilled prayer.	就说,他从 的经历中明白生活的 。事实
5. 04:48-05:55 Picture 5	上,写完这封信不久,他就了。他相信生活

Now, placed in front of these 12 wise teachings is the introductory chapter. It's a flowing stream of wise teachings and one-liners. And they're designed to sum up the main ideas of the entire book. Jacob opens by saying that he knows fromexperience Life is He wasafter all, not long after writing this letter. But he believes that life'sandare actually 'gifts' That can produce endurance and shape ourGod can do amazing work inside of us in the midst ofand Now, that word "perfect" it's really important for Jacob. He repeats ittimes in the book In Biblical Hebrew and in Greek this word refers to It means living a completely integrated life where your are always consistent with theandthat you've received from Jesus. Jacob knows that most of us actually live aspeople with big in our character. However, God is on a mission tofractured people to make them 6. 06:00-06:59 Picture 6 And it begins with wisdom - the ability to see my hardships through a new God will generously give this kind of wisdom to people who ask for it in Moken we realize our and So, if it's that's forcing you into hard times in life Jacob says: "Try and view it as a that forces you to in God alone." And tw	中的和恰恰会生出忍耐,并塑造我们的 ,这真是充满矛盾的恩赐。神能够在我们身 处时,在我们的内心做奇妙的事,帮助我 们变得更加和。"完美"这个词,对雅 各来说很重要,前后重复了次。在希伯来语和 希腊语的圣经中,"完美"意味着"",是 指过一种完全正直的生活,就是一个人的要 和他从耶稣那里接受的与相一致。雅各 知道,事实上,大多数人的生活都是的,我们很难做到。尽管如此,神的任务就 是去破碎的人,让人变得。 6。图片 6. 这是从拥有智慧开始的,这样,人才 有能力用新的去看待艰难。只要人凭着 求,丝毫不怀疑神的本性,神就会慷慨地赐下这 种智慧。当我们发现,自己在神的面前又又_ 时,我们很容易在焦虑和之间摇摆。真 的智慧,就是无论处在什么样的情况下,都 相信神是的。所以,如果让人生活艰难, 雅各说:"试着把它看成一种,平穷会促使 你单单地神。况且,财富会转眼,一下 子就,好像野花,夏天热风一吹,就枯干 了。"所以,当我们落入艰难中时,不要神, 反倒要让来教导你。耶稣曾人理解天父 的,说祂是的,以厚恩待人,祂在我们 的时候跟我们在一起,祂是值得的。正 是这位神,通过耶稣赐给我们,让我们 成为新造的,能够靠着对天父完全的, 直面自己的痛苦,就像那样。
passlike wildflowers in the summer heat.	
God,	
about God's,	
that the father is, that he's there to	7。图片7。这种新造的人,不只是听神的话,更
meet us in ourand that he's	▲昭差油的迁去
It's this God who through Jesus has given us newto become new kinds of,	会照着神的话去。雅各说,神的话是"全备
who can face their suffering with total	的,是让人得的律法"。他指的是律法最
in the father just likedid.	
	的诫命,就是通过传递给我们的自由,讓

7. 07:04-07:51 Picture 7 And this new humanity is something we discover when we not only listen to God's Word butwhat it says. Jacob calls God's Word here "The perfect Torah of" He's referring here to the greatestof the Torah that passed on to us through	我們可以神、他人。雅各把这种爱实实在 在地展示出来。比如,对别人说话要、; 要为服务;活着的目的就是为了全心全意地 给神。现在,你能明白开篇第一章的结构了
 That heus to loveand love our	吧?里面包含了所有关键词跟主题,这些在第2
And Jacob shows practically what that kind of love looks like. It means speaking to others in aand way, it means serving the	到第5章的12个教导中,都有更深入的探讨。雅 各完全沉浸在耶稣和的中,他通过这 卷书送给我们一份礼物,就是他自己的。
and it means living with wholehearted to God alone. Now you can see how this opening chapter contains all the key words and ideas explored more deeply in the twelve teachings of chapters 2 through 5.	8. 使用1张图片分享你从本课程中学到关于父神 /圣子/圣灵的1件事。
Jacob immersed himself in theof Jesus and of the And he's giving us a great gift in this book of	经文阅读:
his own	马太福音 5-7
8. Use 1 picture to share 1 thing you have learned from this lesson about God the Father/Son/Holy	箴言 1-9
Spirit.	雅各书1:1-11
Scripture reading: Matthew 5-7 Proverbs 1-9 James 1:1-11 James 3:1-12	雅各书 3: 1-12

English : <u>https://www.youtube.com/watch?v=qn-hLHWwRYY</u>

國語: <u>https://www.youtube.com/watch?v=vC_4a0MtpCY</u>

粵語: <u>https://www.youtube.com/watch?v=jzwc9EMmQ4g</u>



















[Q1]	[
00:02 The letter of James, or at least that's his name in English.	这是雅各
00:06 If you look in the Greek you will see that his name is	James。女
lakobos, 00:10	的名字叫
which translates his Hebrew name Yáakov.	希伯来语
00:12 And that's why most ancient and modern translations	是为什么
render his name as Jacob. 00:17	雅各的名
That's how we're going to call him in this video.	过,在这
00:19 Now, there are many Jacobs in the New Testament.	"雅各"
00:21 Two of them belonged to Jesus' inner circle of the 12	叫"雅各
disciples,	
00:25 but this letter comes from the Jacob who was the half-	二门徒中
brother of Jesus himself. 00:30	的作者雅
Now, we learned this Jacob's story from the book of Acts and from Paul's letters.	了解一下
00:34	《使徒行
After Peter moved on from Jerusalem to go start new churches	开耶路撒
00:38 Jesus' half-brother Jacob rose to prominence as a leader	稣的弟弟
in the Mother Church in Jerusalem.	路撒冷母
00:43 It was made up mostly of Messianic or Christian Jews.	成员多数
00:46 This was the first Christian community ever.	犹太基督
00:49 And we know that it fell on hard times during the 20 years	一个聚会
that Jacob was its leader.	二十年之
00:54 There was a famine that led to great poverty in the region	难。
00:57 and these Messianic Jews were being persecuted by	一场饥荒
Jewish leaders in Jerusalem. 01:01	些信奉弥
But through it all Jacob was known as a pillar of the	犹太领袖
Jerusalem church. 01:05	切之后,
He was also known as a peacemaker who led with wisdom and courage	梁柱。他
01:09 until he was tragically murdered.	又因为倡
	被当局残
[Q2] 01:11	
And in this book we have the legacy of Jacob's teaching and wisdom	[
01:15 condensed into a short and very powerful work.	这卷书记
01:18 The book begins like a letter. He greets all the Messianic	教导,它
Jews who were living outside the Land of Israel. 01:24	之作。

[Q1]

-写的信,他的英文就是 如果你会希腊语,就知道,他 雅各布斯 Iakobos,翻译成 f就是雅扣夫 Yaakov。这就 大部分古代和现代译本认为, 字应该是雅各布 Jacob。不 <<p>、个视频中,我们仍然称呼他 其实,新约中有很多 0 **~"的人,**其中两位是耶稣十 的核心人物。不过, 这封信 准各却是耶稣的弟弟来,一起 5。这位雅各的故事都记在 F传》和保罗书信中。彼得离 **汝**冷后,建立了新的教会。耶 3雅各开始起来服侍,成为耶 **}**会重要的领袖。这间教会的 **故**都是信奉弥赛亚的犹太人或 F徒。这里曾经是基督徒的第 会。雅各领导了这间教会有 之久,它的外部环境一直很艰

一场饥荒给当地带来极大的贫困,这 些信奉弥赛亚的犹太人遭到耶路撒冷 犹太领袖的逼迫。不过,经历了这一 切之后,雅各被看作是耶路撒冷的顶 梁柱。他凭借智慧和勇敢成为领袖, 又因为倡导和平而闻名于世,最终却 被当局残忍地杀害。

[Q2]

这卷书记录了雅各留给后世的智慧和 教导,它们简洁而有力,绝对是精华 之作。 《雅各书》的开头就像一封

But this does not read like one of Paul's letters where he 信。他向所有相信弥赛亚的犹太人问 addresses specific problems in one local church, 安,这些犹太人住在以色列境外。这 01:29 rather this book is a summary of Jacob's sage wisdom 卷书读起来, 跟保罗书信完全不同。 01:33 for any and every community of Jesus' followers. 保罗常在信中谈起个别教会存在的具 01:37 And Jacob's goal isn't to teach new theological 体问题,而这封信,却是雅各的智慧 information, 01:40 名言集,是写给所有的基督徒和基督 rather he wants to get in your business and challenge how 教团体的(或团契)。雅各的目标不 you live. 01:44 是教导新的神学信息,相反,他打算 Jacob's wisdom has been heavily influenced by two sources: 进入你的世界,挑战你的生活。 01:48 The first is Jesus' teaching about life in the kingdom of 雅各的智慧主要受到两个源头的影响: God. 01:51 第一,是耶稣关于神国生活的教导, Especially the Sermon on the Mount which is constantly 他在这封信中多次引用登山宝训的内 echoing and quoting in the book. 01:56 容。第二个来源是《箴言》的智慧, The second key influence is the biblical wisdom book of Proverbs. 特别是《箴言》第1到第9章的内容。 01:59 Especially the poems and proverbs one through nine. 雅各是跟着耶稣一起长大的, 也是跟 02:03 Jacob literally grew up with Jesus and with the book of 着《箴言》一起长大的。所以,他自 Proverbs 己的教导听起来跟它们很像,保留着 02:07 and so now his own teaching sounds like them. It's 民族语言和意象的烙印。 stamped by their language and imagery. 02:11 《雅各书》的智慧言论简短、富有挑 The book consists of short challenging wisdom speeches 02:15 战性,充满了各种隐喻和容易记住的 that are full of metaphors and easy to memorize oneliners. 名言警句。其实,雅各是用这种方式 02:18 And in essence Jacob is calling the Messianic community 呼吁那些相信弥赛亚的犹太团体能有 to become truly wise 真智慧, 能照着耶稣总结的律法总纲 02:24 by living according to Jesus' summary of the Torah: 来生活,简单说,就是爱神、爱他人。 02:27 To love God and to love your neighbor as yourself. [Q3] [03] 02:30 《雅各书》的第2到第5章共有12 The body of the book is in chapters 2 through 5. 02:33 篇简短的教导,呼吁神的子民要全心 Which consists of 12 short teachings that call God's people to wholehearted devotion to the way of Jesus. 全意地遵行耶稣的话。这些教导,不 02:40 And altogether they don't develop one main idea in a linear 是简单地只讲一个中心思想,每个教 way. 导其实都是独立的,最后都用一句容 02:44 Each teaching kind of stands alone and concludes with a 易让人记住的名言警句结束。不过, catchy one-liner, 02:48 所有的教导,都跟一再出现的关键词 but all of these teachings are connected through key repeated words and themes - it's really cool. 和主题相关,这种串连方式真是太酷 02:54

At the opening of the books body there are two teachings: 02:57

First about favoritism and love 03:00

Jacob exposes how we tend to show favor to people who can benefit us

03:04

and we neglect people who can't. Usually because they're needy.

03:08

Jacob says this is the opposite of love as Jesus defined it. 03:12

He goes on to show what genuine faith does and does not look like.

03:16

So, if someone says that they have faith in God, but neglects people who are needy or poor,

03:21

this person's faith is dead, he says.

03:25

Their actions betray what they say they believe. 03:27

And genuine faith always results in obedience to Jesus' teachings.

[Q4]

03:33

Now scattered throughout the body of the book we find three different places

03:36

where Jacob develops Jesus' own teaching about our words.

03:40

So, with the same mouth we unleash pain upon people 03:44

and then go offer praise to God - so messed up! 03:47

And also we judge people and then go talk badly about them behind their backs!

03:52

And we also all tend to distort the truth to our own advantage.

03:56

How we talk about people opens up a window into our hearts and our core values.

04:01

Our words tell the real truth about our character. 04:04

Jacob also believes that God's kingdom community, as Jesus taught about it,

04:09 Is the kind of place where the divisions created by wealth and social status are dismantled.

04:14

So, he warns first about the arrogance that wealth can create in people

04:19

who believe it will be around forever.

04:21 He says: "No, your wealth will one day rot just like you." 04:26 了。

《雅各书》正文一开始,有两个教导: 第一个是关于偏心和爱。雅各指出, 我们容易偏向那些对自己有利的人, 却疏远那些对我们没有用的人,通常 是因为他们贫困。雅各说,这种偏心 正好跟全心全意地爱他人相反,不符 合耶稣对爱的定义。接着,雅各教导 读者,如果有真正的信心会如何去爱 他人,不会做哪些事。所以,如果有 人认为自己在神里面有信心,却看不 见穷苦人的需要,那么这个人的信心 就是死的。雅各说,这些人的行为背 叛了自己所声称的信心。而真正的信 心,会顺服耶稣的教导,结出好果子 来。

[Q4]

通读《雅各书》的全文,会发现,雅 各在三个不同的地方,引申了耶稣关 于"说话"的教导。我们用同一张嘴, 一边说让人痛苦的话,一边说赞美神 的话:太可悲了!我们时常论断别人, 在背后讲别人的坏话。我们常常为了 自己的利益歪曲真理。我们怎么谈论 别人,也能由此看出自己的内心真相 和我们的价值观。我们嘴里说出的话, 会真实地反映出我们自己的品格。 雅各相信,就像耶稣教导的那样,在 神国里,财富和社会地位带来的等级 分化会荡然无存。所以,他一开始就 警告那些自大狂,不要相信赚来的财 富会一直伴随自己。他说: "不会的, 你的财富会朽坏,像你一样。"相反,

In contrast, God's people are to live with patience and hope

04:31

for Jesus' return to set all things right

04:34

and this should inspire a life of faith-filled prayer. 04:38

Now, this part of the book, all of these teachings, 04:40

they're so powerful and there's way more than we have time for in this video,

04:45

but, seriously, read all of them and slowly.

[Q5] 04:48

Now, placed in front of these 12 wise teachings is the introductory chapter.

04:52 It's a flowing stream of wise teachings and one-liners. 04:55

And they're designed to sum up the main ideas of the entire book.

04:59

this chapter actually introduces you to

05:01

all the key words and themes that you're going to meet in chapters 2 through 5.

05:05

Jacob opens by saying that he knows from personal experience -

05:08

Life is hard.

05:10

He was martyred after all, not long after writing this letter. 05:13

But he believes that life's trials and hardships are actually paradoxical gifts

05:18

that can produce endurance and shape our character. 05:21

God can do amazing work inside of us in the midst of suffering

05:25 and help us become perfect and complete.

05:28

Now, that word "perfect" it's really important for Jacob. 05:31

He repeats it seven times in the book.

05:34 In Biblical Hebrew and in Greek this word refers to wholeness.

05:38

It means living a completely integrated life where your actions are always consistent 05:43

with the values and beliefs that you've received from Jesus.

05:46

Jacob knows that most of us actually live as fractured people with big inconsistencies in our character.

神的子民带着忍耐和对耶稣再来的盼 望而生活,就能坦然地面对一切,这 也会激励他们过充满信心的祷告生活。 这部分的所有教导,都充满了极大的 力量,远不是一个短视频就能讲清楚 的。不过,我们的确需要认真地阅读 这些经文,要慢慢地读。

[Q5]

在这12段的智慧教导前边,有一段 前言,其中的智慧教导和名言警句像 溪水一样源源不断,概括了这卷书的 中心思想。实际上,这一段提到的所 有关键词跟主题,在后面的第2到第 5章中都会出现。雅各一开始就说, 他从个人的经历中明白生活的艰难。 事实上,写完这封信不久,他就殉道 了。他相信生活中的试炼和艰难恰恰 会生出忍耐,并塑造我们的品格,这 真是充满矛盾的恩赐。神能够在我们 身处痛苦时,在我们的内心做奇妙的 事,帮助我们变得更加完美和完善。 "完美"这个词,对雅各来说很重要, 前后重复了七次。在希伯来语和希腊 语的圣经中, "完美"意味着"完 全",是指过一种完全正直的生活, 就是一个人的行为要和他从耶稣那里 接受的价值与信仰相一致。雅各知道, 事实上,大多数人的生活都是支离破 碎的,我们很难做到表里如一。我们 更愿意向罪妥协,而不愿意承认错误。 尽管如此,神的任务就是去修复破碎 的人,让人变得完全。

05:52 we are all more compromised than we want to admit.	[Q6]
05:55	这是从拥有智慧开始的,这样,人才
However, God is on a mission to restore fractured people to make them whole.	有能力用新的眼光去看待艰难。只要
[Q6]	人凭着信心求, 丝毫不怀疑神的本性,
06:00 And it begins with wisdom - the ability to see my hardships	神就会慷慨地赐下这种智慧。当我们
through a new perspective.	发现,自己在神的面前又渺小又脆弱
06:05 God will generously give this kind of wisdom to people who	时,我们很容易在焦虑和信靠之间摇
ask for it in faith,	摆。真的智慧,就是无论处在什么样
06:10 without doubting God's character.	的情况下,都选择相信神是美善的。
06:12 And when we realize our humble and frail place before	
And when we realize our humble and frail place before God we are forced to choose between anxiety or trust.	所以,如果贫穷让人生活艰难,雅各
06:20 And true wisdom means choosing to believe that God is	说:"试着把它看成一种恩赐,平穷
good despite my circumstances.	会促使你单单地信靠神。况且,财富
06:25 So, if it's poverty that's forcing you into hard times in life	会转眼消失,一下子就不见了,好像
06:29	野花,夏天热风一吹,就枯干了。"
Jacob says: "Try and view it as a gift that forces you to trust in God alone."	所以,当我们落入艰难中时,不要指
06:34	
And besides wealth is fleeting it's all going to pass away like wildflowers in the summer heat.	责神,反倒要让环境来教导你。耶稣
06:39	曾教导人理解天父的品格,说祂是慷
And so when we do fall into hard times don't accuse God, 06:43	慨的,以厚恩待人,祂在我们痛苦的
rather let your circumstances teach you what Jesus taught about God's character,	时候跟我们在一起,祂是值得信靠的。
06:48	正是这位神,通过耶稣赐给我们新的
that the father is generous, that he's there to meet us in our pain and that he's trustworthy.	生命,让我们成为新造的人,能够靠
06:54	
It's this God who through Jesus has given us new birth to become new kinds of humans,	着对天父完全的信任,直面自己的痛
06:59	苦,就像耶稣那样。
who can face their suffering with total trust in the father just like Jesus did.	
	[Q7]
[Q7] 07:04	这种新造的人,不只是听神的话,更
And this new humanity is something we discover when we	会照着神的话去行。雅各说,神的话
not only listen to God's Word but do what it says. 07:10	是"全备的,是让人得自由的律法"。
Jacob calls God's Word here "The perfect Torah of	
freedom." 07:14	他指的是律法最重要的诫命,就是通
He's referring here to the greatest command of the Torah	过耶稣传递给我们的爱神、爱他人的
that passed on to us through Jesus. 07:19	自由。雅各把这种爱实实在在地展示
That he freed us to love God and love our neighbor. 07:22	出来。比如,对别人说话要友善、有
And Jacob shows practically what that kind of love looks	爱;要为穷人服务;活着的目的就是
like. 07:26	为了全心全意地奉献给神。现在,你
It means speaking to others in a kind and loving way, it	/」」 エロエ芯地宇歐泊律。 処江, 阶

means serving the poor 07:30	能明白开篇第一章的结构了吧?里面
and it means living with wholehearted devotion to God alone.	包含了所有关键词跟主题,这些在第
07:34	2到第5章的12个教导中,都有更深
Now you can see how this opening chapter contains all the key words and ideas	入的探讨。
07:38 explored more deeply in the twelve teachings of chapters 2	雅各完全沉浸在耶稣和《箴言》的智
through 5. 07:42	慧中,他通过这卷书送给我们一份礼
Jacob immersed himself in the wisdom of Jesus and of the	物,就是他自己的智慧。这对那些想
proverbs. 07:46	跟随耶稣的人来说,就像一记巧妙的
And he's giving us a great gift in this book of his own wisdom. 07:51	当头棒喝。这就是《雅各书》的精义。
This is a beautifully crafted punch in the gut for those who want to follow Jesus.	
07:57 And that is what the book of James or Jacob is all about.	